



Cancer Coaching Scope of Practice

Cancer coaches work with individuals and groups in a client-centered process to facilitate and empower the client to develop and achieve self-determined goals related to health and wellness.

Cancer coaches support clients to mobilize internal strengths and external resources and develop self-management strategies for making sustainable, healthy lifestyle and behavioral changes.

Cancer coaches do not diagnose conditions, prescribe treatments, or provide psychological therapeutic interventions. They may provide expert guidance in areas in which they hold active, nationally recognized credentials.

As partners and facilitators, cancer coaches support their clients in achieving health goals and behavioral changes based on their client's goals and consistent with treatment plans prescribed by individual clients' professional healthcare providers.

Cancer coaches assist clients to use their insight, personal strengths and resources, goal setting, action steps, and accountability toward healthy lifestyle change.

** Adapted from NCCHWC Health and Wellness Coach Scope of Practice, April 10, 2019*